

Relationship Building Prompts: **Here I am**

Look around and find the strongest object you can. Think of a way to prove to your trail buddy that the thing you chose is stronger than the thing they chose! Tell the story of a time when you felt kind of weak and someone said something or did something to make you feel stronger.

Look for something that seems peaceful.
Put into words what it's like when you feel peaceful.

Look for something that you haven't noticed at any other stop.
What's something most people don't know or notice about you?

See who can touch the highest point.
What are some things you are hoping for in the future that aren't happening now?

Look for something that reminds you of a place that is special to you.
Tell your trail buddy about that place.

Look for something that reminds you of family.
What's the best and hardest thing about family?

Choose something that floats. Launch your "boats" and race them down the stream. See whose boat goes the furthest before getting stuck.
How do you get stuck at times? What things get in your way?

Think about something that you liked about the last hour of your life.
Name 4 things that you are grateful for.